OGDEN NATURE CENTER

Summer Camp Manual



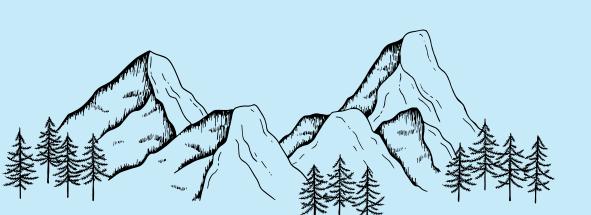
DEAR PARENTS AND CAREGIVERS

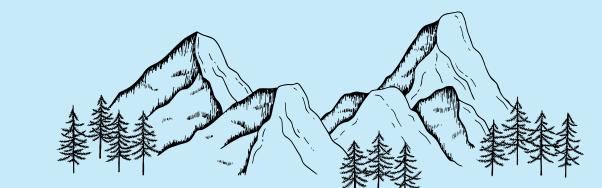
WELCOME TO OGDEN NATURE CENTER'S SUMMER CAMP PROGRAM! THE INFORMATION PROVIDED IN THIS GUIDE WILL HELP YOU AND YOUR CAMPER PREPARE FOR AN EDUCATIONALLY RICH, NATURE-BASED SUMMER EXPERIENCE. PLEASE THOROUGHLY REVIEW THIS GUIDE AND CONTACT US IF ANY QUESTIONS ARISE.

WE AT OGDEN NATURE CENTER ARE OVERJOYED THAT YOU WILL BE JOINING US FOR A SUMMER OF ENGAGING AND MEANINGFUL NATURE EXPLORATION.

WITH THE WARMEST OF WELCOMES,

SARAH LAMBSON
DIRECTOR OF EDUCATION
EDUCATION[AT]OGDENNATURECENTER.ORG
385-470-0036





PARENT/GUARDIAN CHECKLIST

BEFORE CAMP:

- READ THIS PARENT INFORMATION GUIDE.
- REVIEW THE BEHAVIOR POLICY WITH YOUR CHILD (PGS. 17-18).
- PACK ALL RECOMMENDED CAMPER SUPPLIES (PGS. 14-16).
- MARK ALL OF CAMPER'S SUPPLIES WITH THEIR FULL NAME.
- READ AND SIGN THE SUMMER CAMP WAIVER (PROVIDED IN YOUR CONFIRMATION) AND BRING TO CAMP

DURING CAMP:

- TELL YOUR CHILD'S COUNSELOR ABOUT ANY LAST-MINUTE CHANGES IN YOUR CAMPER'S HEALTH OR LIFE SITUATION
- ALERT OGDEN NATURE CENTER IF YOU NEED TO DROP OFF LATE OR PICK UP EARLY.
- MAKE SURE YOU CHILD HAS SUNSCREEN AND BUG SPRAY ON EACH MORNING.
- MAKE SURE YOUR CHILD IS APPROPRIATELY DRESSED FOR A DAY OF PLAYING, WALKING AND INVESTIGATING OUTSIDE. DRESSING IN LAYERS AND HAVING CLOSED-TOED SHOES WILL HELP YOUR CAMPER BE COMFORTABLE THROUGHOUT THE DAY.
- ENSURE THAT YOUR CHILD IS BRINGING A PEANUT-FREE LUNCH. WE ARE A PEANUT-FREE CAMPUS.



TABLE OF CONTENTS

CAMP SCHEDULES
CAMP LOCATIONS/DIRECTIONS11-13
WHAT TO BRING TO CAMP14-16
CAMP BEHAVIOR POLICY17-18
CHECK-IN/CHECK-OUT19
MEDICATION20
EMERGENCIES/ILLNESSES AT CAMP-20
AFTERCARE21
LOST AND FOUND22

REFUND/CANCELLATION POLICY----22

CAMP SCHEDULES: SINGLE FULL DAY CAMPS

These are drop off camps for ages 7-12 and occur on a single day from 8:30-3:30 pm*

- June 9th: Fantastic Forts (ages 8-10)
- June 11th: The Pond and Beyond (ages 10-12)
- June 12th: Crafting With Nature (ages 7-9)
- June 13th: Strange Nature (ages 7-9)
- July 22nd: Junior Botanists (ages 8–10)
 - Camp at L.S. Peery education building
- July 23rd: Junior Wildlife Ecologists (ages 10-12)
 - Camp at Picnic Grove
- July 25th: Space Camp (ages 8-10)*
 - Camp at L.S. Peery education building
- July 28th: Macros and Minis (ages 7-9)
 - Camp at L.S. Peery education building
- *Space Camp is an evening camp from 4pm-10pm



CAMP SCHEDULES: SINGLE HALF DAY CAMPS

These are drop off camps for ages 6-7 and occur on a single day from 9:00 am-1:00 pm. These days are perfect for campers ready to take on a bit more camp time without committing to a full day.

- June 10th: Totally Gross
- July 21st: Eco Art
 - Camp at LS Peery Education building
- July 29th: ONC Animal Ambassadors
 - Camp at LS Peery Education building
- July 30th: Marvelous Mammals
 - Camp at LS Peery Education building



CAMP SCHEDULES: WEEK LONG FULL DAY CAMPS

These are drop off camps for ages 7-14 and are best for campers ready for lots of adventure! Camps occur from 8:30 am - 3:30 pm Monday-Wednesday with an overnight portion occurring from 5:30 pm Thursday - 9 am Friday.*

- June 17th 20th: Creepy Crawly Critters (ages 7-9)*
- June 23rd 27th: Eco Extreme (ages 11-14)
- July 14th 18th: STEM Camp (ages 10-12)-Camp
 - Camp at Picnic Grove
- July 28th August 1st: Digging Through History (ages 9-11)
 - Camp at Picnic Grove

All late night and overnight camps provide dinner with hot dogs, s'mores, carrot sticks, watermelon, chips, and lemonade. Food allergies will be taken into consideration.

Overnight camps also provide a light cold breakfast of cereal, pastries, and fruit.

*Creepy Crawly Critters runs 8:30-3:30 Tuesday-Thursday and has a late night portion on Friday from 5:30 pm - 10:00 pm.



CAMP SCHEDULES: FLEDGLINGS (WEEK LONG HALF DAY CAMPS)

These are drop off camps for ages 4-6 and are a perfect way to introduce your camper to being away at camp for a short time. Camps run from 9am to noon and campers are divided by age group.

- July 7th 11th: Kneehigh Naturalists
 - Camp at LS Peery Education Building
- August 4th 8th: Animal Olympics
 - Camp at LS Peery Education building



CAMP SCHEDULES: TODDLER TRACKS CAMPS

These camps are an opportunity for **toddlers ages 2-3 and their guardians** to participate in fun and educational games, crafts, stories, and songs. These camps are every Friday (except July 4th) from 9am - 11am. All toddlers must be accompanied by an adult. All camps take place around the visitor center and the LS Peery education building.

- June 13th: Mud Puppies
- June 20th: Little Campers
- June 27th: Daring Dinos
- July 11th: Flutter and Fly
- July 18th: Splish, Splash, Splat
- July 25th: Sounds of Nature
- August 1st: All About Cats and Dogs



CAMP SCHEDULES: ADULT CAMPS AND FAMILY CAMP

We don't want to forget all those 18 and older and families for our summer camps! These are the camps for adults as well as our family camp-out camp.

- June 14th, 21st, and 28th from 9:30 am-Noon: Art In Nature series with Susan Snyder (Ages 18+)
- June 27th from 6pm to June 28th to 9am: Senior's Night Campout (Ages 55+)
- July 11th from 6pm to July 12th at 9am: Family Camp (all ages)
 - This camp takes places at Picnic Grove

Overnight camps provide dinner with hot dogs, s'mores, carrot sticks, watermelon, chips, and lemonade. Food allergies will be taken into consideration. Overnight camps also provide a light cold breakfast of cereal, pastries, fruit, and hot chocolate, tea, or coffee. You may bring additional food and beverages if you wish.







CAMP LOCATIONS AND DIRECTIONS

Ogden Nature Center is located off 12th street between the IRS and Mill Creek Youth Center. Our address is 966 W 12th St.

Camp takes place in two locations this year. On the south end around our L.S. Peery Education Building and on the north end at Dumke Picnic Grove. Please refer to your confirmation emails to know where your camp is taking place ahead of time. A map of Ogden Nature Center is provided on page 12. A map and driving instructions to Picnic Grove are on page 13.







MAIN ENTRANCE 966 West 12th St.

THANK YOU FOR RESPECTING THIS NATURE PRESERVE

- Enjoy watching the birds and animals, but please do not feed or disturb them
 - Remain on the trails Children must be supervised by an adult
- No pets No smoking or vaping (even outside) Carry out all trash
- Leave nature as you found it and please do not collect anything Enjoy the trails!

www.ogdennaturecenter.org

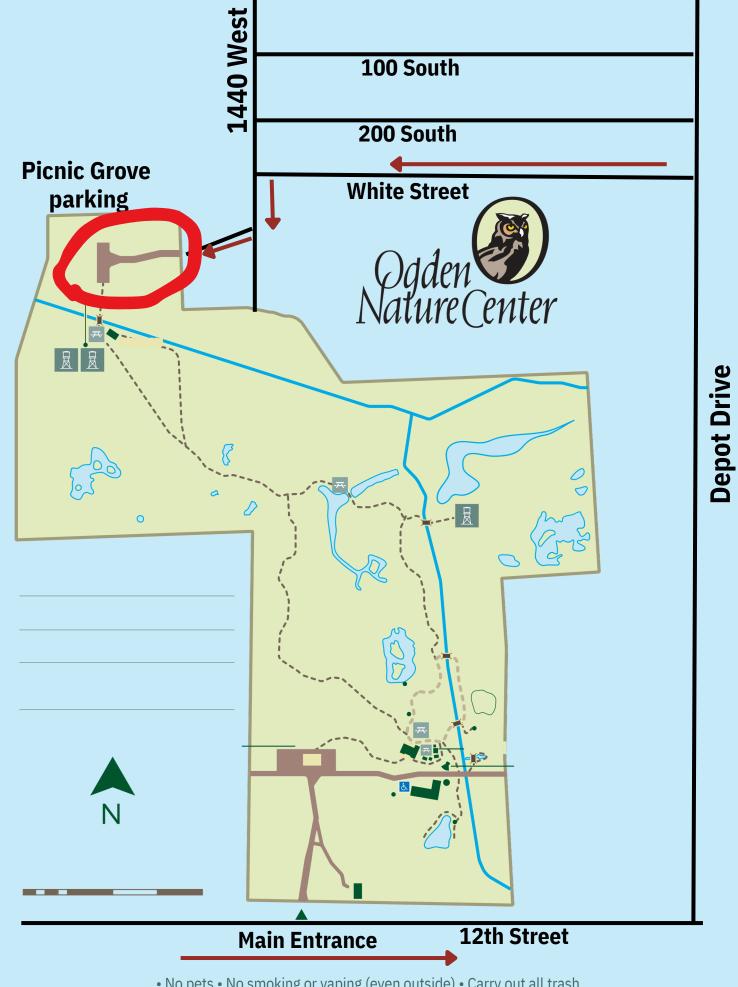
Driving directions to Dumke Picnic Grove

From ONC's main entrance:

- 1. Head East on 12th Street toward the mountains.
- 2. At the 1st light (Depot Drive) turn left.
- 3. Make another left at White Street.
- 4. Follow White Street past the

building on the left and make a left at the dirt road.

5. Turn right at the Ogden Nature
Center gate to park in the dirt
parking lot. Please park in the lot
and walk along the path south to
Dumke Picnic Grove.



No pets • No smoking or vaping (even outside) • Carry out all trash
Leave nature as you found it and please do not collect anything • Enjoy the trails!

www.ogdennaturecenter.org

WHAT TO BRING TO CAMP: FULL DAYS AND HALF DAYS

*****Please Label all camper supplies with their full name*****

- Small day pack to hold all supplies (no bags with wheels)
- Properly fitting closed toed shoes or boots
- Reusable Water Bottle
- Hat (recommended)
- Sunscreen
- Insect repellant
- Lunch (Lunches are not needed for Kneehigh Naturalists or Animal Olympics)
 - Reusable containers preferred (help us teach good environmental practices)
 - No items that need refrigeration
 - NO PEANUT PROUCTS (we are a peanut free campus)-Lunches with peanut products will be discarded and a new lunch will need to be brought for the camper.
- At least 2 snacks
- DO NOT BRING: Electronic devices (including cell phones, smart watches, handheld games, etc.), sharp implements (including pocket knives), or toys (comfort/fidget toys are welcome as long as they are quiet and not a distraction).

WHAT TO BRING TO CAMP: OVERNIGHT CAMPS*

*****Please Label all camper supplies with their full name*****

- Tent (campers will share tents-this will be coordinated the week of camp)
- Sleeping bag/pad and pillow for each camper
- Mess kit for each camper (plate, utensils)*
- Reusable water bottle*
- toiletries
- flashlight or headlamp*
- Pajamas and change of clothes for the morning
- An extra layer (sweater, jacket, etc.)*
- Pack to hold belongings*
- Insect repellant*
- DO NOT BRING: Electronic devices (including cell phones, smart watches, handheld games, etc.), sharp implements (including pocket knives), or toys (comfort/fidget toys are welcome as long as they are quiet and not a distraction).
- An emergency cell phone is allowed ONLY for the overnight portion of camp and will be held by staff
 the whole night only to be used for emergencies.

*Items with an asterisk are needed for the Creepy Crawly Critters and Space Camp late night camps

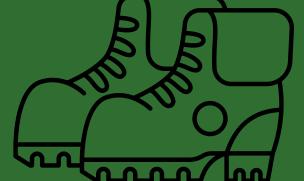
WHAT TO BRING TO CAMP: TODDLER TRACKS

- Reusable Water Bottle
- Hat
- Sunscreen
- Insect repellant
- Snacks
- Anything you think will be helpful for your toddler camper to enjoy their time with us
- Strollers are not recommended as we will be active for much of the 2 hours





CAMP BEHAVIOR POLICY-10F 2



***Please review this information with your camper before camp*

Respect your TOES

<u>T</u>-Respect your **TEACHERS**: this includes following directions from camp instructors and demonstrating respect for all of our nature ambassadors

O-Respect **OTHERS**: Absolutely no hitting or hurting other campers or counselors. Be respectful of on another's space, opinions, and feelings during the camp experience. Bullying of any kind will not be tolerated.

E-Respect the **ENVIRONMENT**: This includes being respectful and responsible for the Nature Center grounds, equipment, and materials that you are using at camp.

S-Respect **SELF**: Being respectful of yourself means taking care of your own needs. This includes staying hydrated, putting on insect repellant and sunscreen, and knowing your boundaries and communicating them to camp counselors and other campers. This will help you stay healthy and happy and get the most out of camp!

PROHIBITED ITEMS

Possession of any of these items will result in immediate removal of the item and calling the campers guardian

-Knives or other sharp implements (including pocket knives)

-Electronic devices* (this includes phones and smart watches)

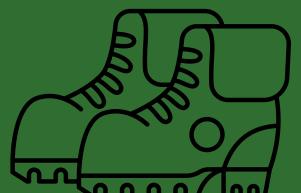
-Noisy or distracting toys

(comfort items and fidget items are welcome as long as they are quiet and not a distraction)



*An Emergency phone is allowed for any overnight portion of weeklong camps only. NOTE: This phone will be held by staff and will only be give to campers in the case of an emergency.

CAMP BEHAVIOR POLICY-2 OF 2



Please review this information with your camper before camp

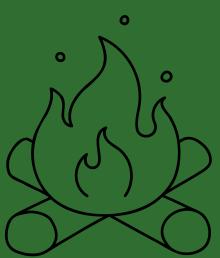
If a child's behavior is disruptive to a program or the safety of others, appropriate actions will be taken. Disruptive behavior is defined as "a behavior that adversely affects the activities or compromises the safety of a camp group." This includes, but is not limited to bullying, threatening words, violent actions, destruction of property and repeated refusal to work cohesively with or stay with the group. We will take every action to ensure that all behavioral incongruities are addressed in a supportive constructive fashion with conflict resolution in mind. In the event that intervention is required, we will adhere to the following protocol:

Behavior Action Steps

- 1. Intervention 1: Constructive discussion of disruptive behavior, facilitated by the senior camp staff member.
- 2. Intervention 2: Camper will sit out from current camp activity or game with supervision.
- 3. Intervention 3: Conference between ONC education leadership and the camper's parent or caregiver in a solution finding manner.
- 4. Intervention 4: Determination if the camper should remain enrolled at ONC. This decision will be made thoughtfully and with the child's best interest in mind.

If a child's behavior is aggressive, violent or dangerous (hitting, biting, running away or using any object as a weapon) toward either staff or other campers, the child will be sent home immediately without the option of returning.

No refund will be given when a child is sent home for behavior problems.





IMPORTANT CAMP DETAILS:10F4



Camp check-in and check-out

All campers MUST be checked in and out daily by an approved parent or caregiver. This procedure ensures the safety of your child. Additional approved adults can be added to your digital registration form by calling 385-470-0036. This must be done BEFORE the day of your camp. If the person checking in or out is not on the approved list, we will not allow the camper to go with them until the main contact has been called and the person is confirmed.

We will not allow check-in any earlier than 15 minutes before the camp start time and check-out will not be any sooner than 5 minutes before camp end time (unless you have made arrangements with staff ahead of time).

Late check-in and early check-out

If you are late to check-in, please go to the Visitor Center and they will have a counselor come get your camper. If you know that you will be checking in late, please give us as much notice as possible. If you need to check out your camper early, please let us know by the morning of the camp when you check them in (earlier if possible) so we can have your camper ready for pick-up.

Late check-out is not permitted. Parents who arrive 10 minutes or later after check-out time will be charged a \$1 per minute fee unless we have been notified ahead of time or a sufficient circumstance is given.

IMPORTANT CAMP DETAILS:2 OF 4



Medication and Emergencies

Ogden Nature Center employees and volunteers are not allowed to give your child medication. If your child requires medication while at camp and is unable to self administer, we are happy to make arrangements with the parent or caregiver.

Should there be any emergency involving your child, or if your child becomes ill while at camp, we will contact you immediately. If you cannot be reached, we will call the individuals you have designated as alternate emergency contacts. Please make sure all information provided is accurate. If you have a family emergency at home and need to pick up your child early, please call the Education Director at 385-470-0036 or the front desk at 801-621-7595 and we will radio their counselor.



IMPORTANT CAMP DETAILS:3 OF 4

- ALERAN SAIS

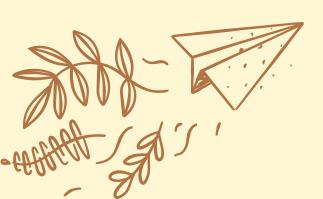
After Care Policies

Aftercare is offered only for full day camps taking place from 8:30 am - 3:30 pm. Aftercare is from 3:30 pm - 5:00 pm.

Late check-out from aftercare is not permitted. Parents who arrive 5 minutes or later after check-out time will be charged a \$1 per minute fee unless we have been notified ahead of time or a sufficient circumstance is given.

IMPORTANT NOTE: If your camp takes place at Dumke Picnic Grove (you will be notified if it does), your camper will be transported to the south end of the property for pick-up. This transportation will be in an Ogden Nature Center vehicle going no more than 5 miles per hour along our service road where no other vehicles will be present. Please contact the education director at 385-470-0036 if you have concerns regarding this.

Aftercare will take place in public spaces around our visitor center, education buildings, and nature playscape where your camper can enjoy activities with other aftercare participants or with our trained education staff.



IMPORTANT CAMP DETAILS:4 OF 4



Refund/Cancellation and Lost & Found

Cancellations two or more weeks prior to the scheduled program date will be honored except for the deposit which is \$50 for week long camps and \$10 for day and half day camps. Cancellations after two weeks prior will not receive a refund unless the spot can be filled by someone on the wait list.

Lost and Found

We ask that all personal belongings be marked with your camper's name. At the end of each day, we will make an effort to match lost items with their owners. Lost & Found items will be kept for one week after camp. All unclaimed items will be given to a local charity. Please do not bring items of great value to camp. Ogden Nature Center is not responsible for lost or stolen items.

